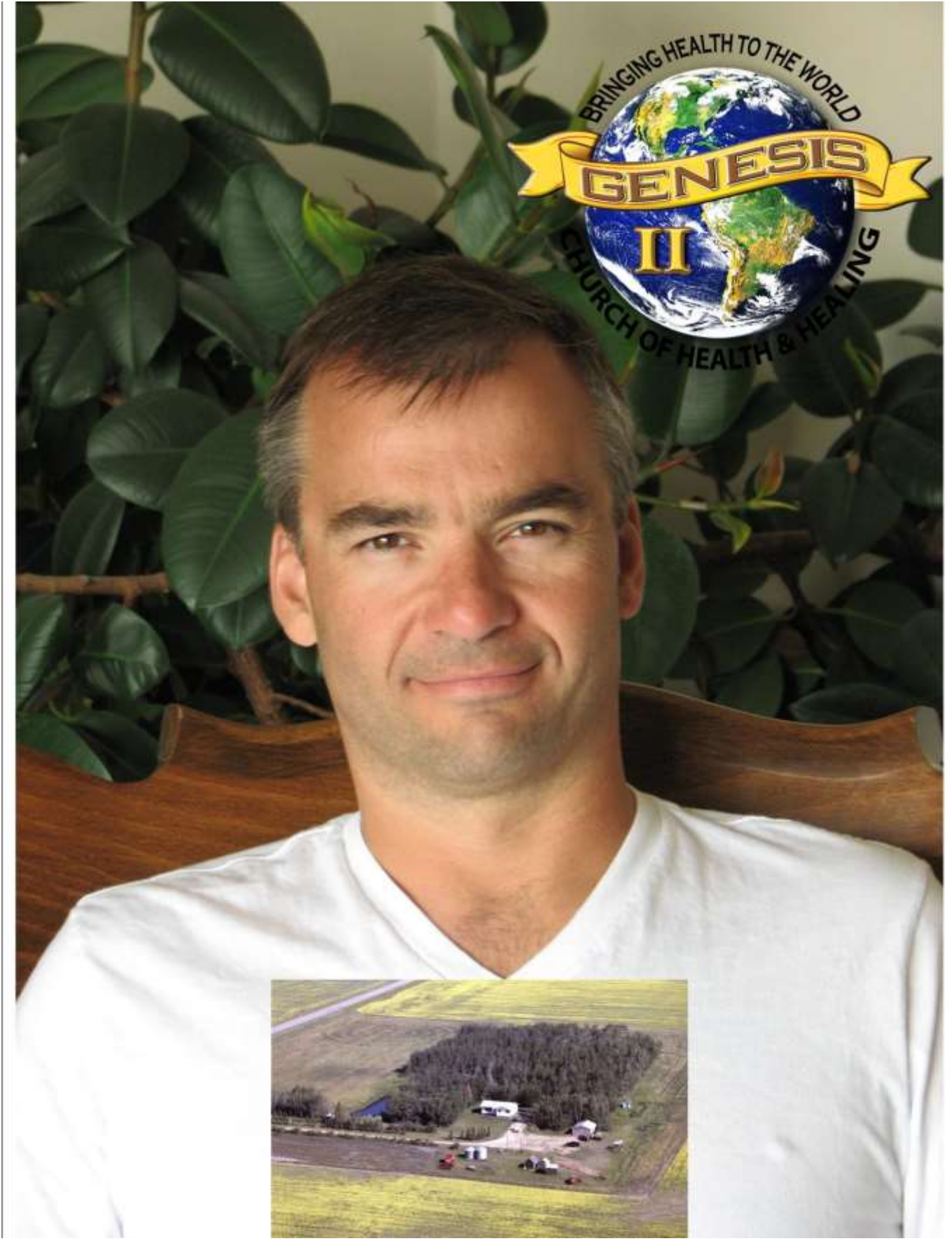


# Salvation Manuscript:

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## I. Salvation – Kundalini Awakening:

- A. Infinite Consciousness
  - a. Thought Mental Ether
    - 1.
  - b. Violet
    - 1.
  - c. Crown Chakra
    - 1.
  - d. Inner and outer beauty, our connection to spirituality, pure bliss
    - 1.
  - e. Related Herbs - Gotu Kola (Centella Asiatica) and Nutmeg (Myristica Fragrans).
    - 1.
  - f. Related Foods and Plants - Blackberry, Dark Blue Grapes and Garlic.
    - 1.
  - g. Related Aromatherapy - Cinnamon, Clove and Peppermint.
    - 1.
  - h. Related Incense - Lotus and Gotu Kola
    - 1.
  - i. Related Glands – Pineal
    - 1.
  - j. Related Musical Note - B
    - 1.
  - k. Vowel sound – ohm
    - 1.
  - l. Element – Thought & Fire - Inner or White Light (the ineffable whole self)
    - 1.
  - m. Sense - Will - Empathy, unity
    - 1.
  - n. Astrological Signs - Aries, Leo, Sagittarius
    - 1.
  - o. Crystals - Amethyst, alexandrite, purple fluorite, sugilite, quartz crystal, diamond and selenite
    - 1.
  - p. Consciousness: Awareness of the wholeness of the universe and one's place in it; soul
    - 1.
  - q. Virtue: **Faith - Humility**
    - 1. Continuous acknowledgement of the higher order; communion; interaction between person and higher order, the person focusing his energies toward the benefit of all things in exchange for certainty and identity that derive from within and are present regardless of circumstances.
      - a.
    - 2. Seeing ourselves as we are and not comparing ourselves to others is humility.
      - a.
  - r. Sin: **Pride**
    - 1. Self-obsessed behavior resulting from a lack of real certainty and identity; deriving a false sense of identity from outside accomplishments or associations, based wholly upon circumstances.
      - a.
    - 2. Pride and vanity are competitive. If someone else's pride really bothers you, you have a lot of pride.
      - a.
  - s. Need:
    - 1.
  - t. Notes:

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1. Gestalt from the inside; the self as a whole thing, for only when each self is viewed as a whole does it become a single unit of a greater whole.
  - a.
2. A healthy Crown chakra is an indicator of the potential for great empathy; someone who connects directly with the people around him, and connects indirectly with the rest of humanity; in touch with the collective unconscious, or noosphere.
  - a.
3. An unhealthy chakra signifies feelings of isolation, desperate and encompassing aloneness which probably perpetuates itself.



a.

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### B. Magnetic Consciousness

- a. Light Ether
  - 1.
- b. Indigo
  - 1.
- c. Third Eye Chakra
  - 1.
- d. Intuition, imagination, wisdom, ability to think and make decisions
  - 1.
- e. Related Herbs - Sandalwood (Santalum Album) and Elecampane (Inula Helenium)
  - 1.
- f. Related Foods and Plants - echinacea, eggplant, ginseng
  - 1.
- g. Related Aromatherapy - Gardenia, Lavender, Rosemary
  - 1.
- h. Related Incense - Mugwort, Star Anise, Saffron and Acacia
  - 1.
- i. Related Glands – Pituitary
  - 1.
- j. Related Musical Note - A
  - 1.
- k. Vowel sound – e (me)
  - 1.
- l. Element – Light & Water - Inner Sound (like Inner Light, but more mundane; the ineffable self at this moment)
  - 1.
- m. Sense – intuitiveness or ESP - inner senses
  - 1.
- n. Astrological Signs - Cancer, Scorpio, Pisces
  - 1.
- o. Crystals - Lapis lazuli, azurite, fluorite, sodalite, quartz crystal, sapphire and indicolite tourmaline
  - 1.
- p. Consciousness: Spirituality; the unconscious
  - 1.
- q. Virtue: **Hope - Love**
  - 1. Acknowledgement of life as a continuous creative process. The inspiration to plan a better future and the focus to work for it.
    - a.
  - 2. "Love is patient, love is kind..." Love actively seeks the good of others for their sake.
    - a.
- r. Sin: **Envy**
  - 1. Perceiving life not as a process but as a set of goods to acquire, ends to meet or goals to attain which bring a false sense of accomplishment by being arbitrarily 'better' than those of others. This is not creative, but consumptive, the value of a thing lying largely in the amount of resources spent to get it.
    - a.
  - 2. Envy resents the good others receive or even might receive. Envy is almost indistinguishable from pride at times.
    - a.
- s. Need: **Spiritual (not in Maslow's original model)**
  - 1.
- t. Notes:
  - 1. Instinct. Mental reflex. Intuition is to the mind what reflexes are to the body: the mechanical process might be understood in conscious terms, but in the moment of

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action, the reflex occurs without conscious intervention; genuine intuition is not simply an excuse for having no explanation - it is itself a real human faculty for understanding schemes and processes in a way that does not tarnish or taint them; unconscious awareness of this moment right now; awareness free of words or symbols.

- a.
2. A healthy Third Eye is a sign of perceptiveness. Someone who is comfortable with his spirituality, and is therefore aware of his motivations; motive to act derives from a spiritual understanding of one's world and the processes at work within it.
  - a.
3. An unhealthy Third Eye is a sign of someone who does not have a great deal of motivation. Someone who cannot or will not allow himself to intuit the patterns in his life. He may not fully understand the power he as an observer has in an observer-created reality. He might have some understanding of that power, but not trust himself with it.
  - a.
4. He might also go in the opposite direction, choosing to acknowledge only the spiritual. Compensating for a lack of experience with a surplus of spirituality is dangerous. The spirit is a well that never dries. Thoughts and feelings of a spiritual nature can always be drawn from the Third Eye; such thoughts form and are immediately incorporated with the existing spiritual framework. Spiritual thoughts and feelings, however, are only good so long as they remain useful, continuing to provide satisfactory explanations and tools for interacting with the real world. A person can lose sight of the real world, stacking revelation on top of revelation. The further removed his framework becomes from reality, the more likely he will become monomaniacal, or tyrannical.



a.

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### C. Super consciousness

- a. Life Ether
  - 1.
- b. Blue
  - 1.
- c. Throat Chakra
  - 1.
- d. Communication, self-expression of feelings, the truth
  - 1.
- e. Related Herbs - Cloves (*Caryophyllus Aromaticus*, *Syzygium Aromaticum*, *Eugenia Caryophyllate*) and Vervain (*Verbena Officinalis*)
  - 1.
- f. Related Foods and Plants –
  - 1.
- g. Related Aromatherapy –
  - 1.
- h. Related Incense - Frankincense and Benzoin
  - 1.
- i. Related Glands – Thyroid
  - 1.
- j. Related Musical Note - G
  - 1.
- k. Vowel sound – e (let)
  - 1.
- l. Element – Ether & Earth (the border between the spirit and the material)
  - 1.
- m. Sense – Sound – Hearing
  1. If hearing were the only physical sense, shapes, orientation, identity and the rest of reality would be sequences of oscillations. A person would have to be able to generate many sounds at once: a constant and unique sound to indicate presence, with more ongoing layers of sound for lengthy states like moods, and still more for more abstract things. Hearing is almost entirely a matter of learning and interpretation, the only instinctive responses triggered by loudness and abruptness, the distinct sounds of danger. It is common to consciously remember sounds, and for environmental sounds and voices to occur in dreams. Even daydreaming can become intense enough that the imaginary world has a rich soundscape that can be heard over outside noise.
    - a.
- n. Astrological Signs - Taurus, Capricorn, Virgo
  - 1.
- o. Crystals - Turquoise, chrysocolla, chalcedony, blue sapphire, celestite, blue topaz, sodalite, lapis lazuli, aquamarine, azurite and kyanite
  - 1.
- p. Consciousness: Expression and reception; communication between the whole self and everything else. Separateness of self and others at its most essential, individual level.
  - 1.
- q. Virtue: **Charity - Generosity**
  1. The perceived separation between one thing and the next is the very texture of the universe. An act of charity is an act which affirms the gift of individuality by taking steps to insure that all beings are given the chance to be successful; redistributing excess resources to those who might have greater need of them, and doing so in good faith, though they may not take full advantage of the opportunity.
    - a.
  2. This is about more than money. Generosity means letting others get the credit or praise. It is giving without having expectations of the other person.
    - a.

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- r. Sin: **Gluttony**
  - 1. A feeling of apathy and complacency about resources, leading to consumption in excess. An unwillingness to share rooted in an underdeveloped sense of the reality of the outside world.
    - a.
  - 2. This does not pertain only to food, but to entertainment and other legitimate goods, and even the company of others.
    - a.
- s. Need: **Self-actualization**
  - 1. After esteem comes self-actualization, the desire to fulfill one's potential for the sake of doing so, rather than for the sake of meeting a lesser need.
    - a.
  - 2. Philanthropy; motivational speaking; full time volunteering or community service; somehow making productive use of the energy and resources remaining after all other needs are met.
    - a.
  - 3. Morality
    - a.
  - 4. Creativity
    - a.
  - 5. Spontaneity
    - a.
  - 6. Problem solving
    - a.
  - 7. Lack of prejudice
    - a.
  - 8. Acceptance of facts
    - a.
  - 9. Learn & Research the Truth
    - a.
  - 10. Wake Up
    - a.
  - 11. Have no Fear
    - a.
  - 12. Be Independent & Free
    - a.
- t. Notes:
  - 1. Relationship with surrounding space; memories; associations; reflection; conscious understanding stems from intuition.
    - a.
  - 2. Using memory and association to store and organize intuitions into patterns, over time beyond just right now, and binding them to that time - and creating time itself - with words and other symbols.
    - a.
  - 3. Events can take place separate from the words that describe them. There are many languages, and even within a language, some words are more descriptive than others, but all can describe the same event. However, conscious experience must have some symbolism allowing containment, retention, comparison, application and communication.
    - a.
  - 4. A person with a healthy Throat chakra is able to communicate fluidly, effectively and powerfully. He is open to communication from others, intuitive or sensory. He says what he means and means what he says. He might also express himself in other ways, music or writing, for example.
    - a.

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5. An unhealthy Throat chakra indicates a person who cannot or will not allow himself to will his ideas and feelings into existence. He might stutter, or clench up in the throat until he can't speak. The Throat is where the intuition is heard, but he has a great deal of difficulty hearing it. Because he can't rely on that sense of the patterns in his life, the things he might communicate about are disconnected from each other, lack the substance of interconnectedness.



a.



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### D. Sub Consciousness

- a. Chemical Ether
  - 1.
- b. Green
  - 1.
- c. Heart Chakra
  - 1.
- d. Love, joy inner peace
  - 1.
- e. Related Herbs - Saffron (Crocus Sativus, Crocus Saffron) and Rue (Ruta Graveolens).
  - 1.
- f. Related Foods and Plants –
  - 1.
- g. Related Aromatherapy –
  - 1.
- h. Related Incense - Lavender, Jasmine, Orris Root, Yarrow, Marjoram and Meadowsweet
  - 1.
- i. Related Glands – Thymus
  - 1.
- j. Related Musical Note – F
  - 1.
- k. Vowel sound – a (far)
  - 1.
- l. Element – Air
  - 1. Air is intellect, abstraction, concept. Air surrounds and permeates everything; everything is wrapped in of air, but the air itself is one whole entity. Air understands the world by looking within itself. It is undivided, undifferentiated and formless, so its observations exist solely for their own sake. Communication happens at this abstract level, so those who wish to communicate must have an abstract identity to interface with the realm of ideas. "Friend," "wife," "employer," words that neither have specific meaning nor attempt to describe what they refer to. These handles both enable us to understand each other on the level of concepts, and limit us to only those interactions indicated in the lexicon.
    - a.
- m. Sense – Touch
  - 1. If touch were our only physical sense, "self" and "other," and the idea of "real" which contains them, would exist solely as patterns of weight, heat and texture. Touch memory is rare. Stimulating the sense of touch through fantasy is almost impossible, because touch is so integrated with the real body. An experience of touch while dreaming is probably very flat and of an extreme condition with strong instinctual associations, like immersion in water, or nocturnal emissions.
    - a.
- n. Astrological Signs - Gemini, Libra, Aquarius
  - 1.
- o. Crystals - Emerald, green and pink tourmaline, malachite, green jade, green aventurine, chrysoprase, kunzite, rose quartz, ruby, fluorite and moldavite
  - 1.
- p. Consciousness: Perceptions of close relationships with other people
  - 1.
- q. Virtue: **Fortitude - Self control**
  - 1. A sense of emotional closeness coming from within. Knowing love within oneself, therefore possessing the quality of loving others unconditionally, and deriving from that love a faith in one's ability to hold fast to friends and family through strife. Knowing when and how to compromise and how to hold fast. Knowing when boundaries need pushing, or when they deserve to be respected.

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- a.
2. Self control and self mastery prevent pleasure from killing the soul by suffocation. Legitimate pleasures are controlled in the same way an athlete's muscles are: for maximum efficiency without damage.
  - a.
- r. Sin: **Lust**
  1. A feeling of motivation to connect with others based entirely on external factors. Inability to know love within leads to a desire to imitate the behaviors of those who seem to. Conditional love. Sexual manipulation. Ignoring boundaries, or attacking them.
    - a.
  2. Lust is the self-destructive drive for pleasure out of proportion to its worth. Sex, power, or image can be used well, but they tend to go out of control.
    - a.
- s. Need: **Esteem**
  1. The fulfillment of the social needs lays the foundation for the emergence of self-esteem. Beyond being merely social, here a person distinguishes himself within the social environment. Competence gains him recognition and admiration, which he craves at this stage.
    - a.
  2. Self-esteem
    - a.
  3. Confidence
    - a.
  4. Achievement
    - a.
  5. Respect of others
    - a.
  6. Respect by others
    - a.
  7. Bloodline
    - a. Roxane Simard January 22, 2010
      - i.
    - b. Alix Simard May 7 , 2012
      - i.
- t. Notes:
  1. It is at the heart where intimacy takes place and the reality of sensation has meaning. Touch is the second most abstract physical sense. Sensors report gradients of temperature, touch, pressure and pain; only extremes will provoke an instinctive response, and any contact falling between the extremes is interpreted more consciously. Touch is intimate because it is so abstract; we are more consciously involved in our sensuality than in any other sense.
    - a.
  2. A healthy Heart chakra indicates a sensual person who is comfortable with intimacy and closeness. Thinking of and being reminded of loved ones is an affirmation, invigorating him and giving him strength of heart, and therefore, strength of character.
    - a.
  3. An unhealthy chakra tells of a person who fears physical contact, possibly feeling guilt over his own innate sensuality. Closeness is a foreign concept. He may even be so hidden from himself that if others were to try to get close to him, he wouldn't know how to let them if he wanted them to.

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a.

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### E. Life Consciousness

- a. Gas
  - 1.
- b. **Yellow**
  - 1.
- c. Solar Plexus Chakra
  - 1.
- d. Self-worth, self-confidence, self-esteem
  - 1.
- e. Related Herbs - Goldenseal (*Hydrastis Canadensis*) and Lemon balm (*Melissa Officinalis*)
  - 1.
- f. Related Foods and Plants –
  - 1.
- g. Related Aromatherapy –
  - 1.
- h. Related Incense - Carnation, Cinnamon and Marigold
  - 1.
- i. Related Glands - Liver, Spleen, Gallbladder
  - 1.
- j. Related Musical Note – E
  - 1.
- k. Vowel sound – o (top)
  - 1.
- l. Chakra Element – Fire
  - 1. Passion, expression, force, passionate love. It consumes and destroys, instantly transmuting matter into pure energy. It is the force behind strength of will, although alone it is not harnessed, simply spent. The experience of fire, from the outside, is vivid and powerful. The process can be experienced by all the senses and is never mistaken for anything other than fire. The persona is such an expression, varying in intensity, focus and fuel from one person to the next.
    - a.
- m. Sense – Sight
  - 1. If sight were the only sense, there would be no sensation of weight, acceleration, or orientation in terms of the body and its environment. The world would be an animated splash of color, patterns perhaps resolving into forms. Identity, as well as relative mass, velocity and orientation, would exist entirely without the body. Visual memory is usually vivid and precise, caricaturizing people and objects and recalling their identity by their features, colors and textures. Dreams are usually remembered visually. The separateness and objectivity of sight lends dreams a sequential, narrative quality that is similar enough to waking experience to be more easily remembered.
    - a.
- n. Astrological Signs – All
  - 1.
- o. Crystals - Citrine, gold topaz, amber, tiger eye, gold calcite and gold
  - 1.
- p. Consciousness: Ego; Sense and ease of being. The condition of this chakra indicates the condition of a one's awareness of and comfort with the place one has made for oneself in society.
  - 1.
- q. Virtue: **Justice - Kindness**
  - 1. Knowing one's own merit, and in turn measuring a person and his or her deeds by merit. The confidence and integrity to recognize a person as good if proves himself to be, even though he may be unpopular, or to recognize a person as bad if he proves himself to be, even though he may be popular.

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- a.
2. Kindness means taking the tender approach, with patience and compassion.
  - a.
3. I have integrity
  - a.
4. I am honest
  - a.
5. I am sincere
  - a.
6. I am fair
  - a.
7. I am righteous
  - a.
8. I am honourable
  - a.
9. I am reliable
  - a.
10. I am upright
  - a.
11. I am direct
  - a.
12. I am open
  - a.
13. I am just
  - a.
14. I am moral
  - a.
15. I am ethical
  - a.
16. I am noble
  - a.
17. I am decent
  - a.
18. I am good
  - a.
19. I am civilized
  - a.
20. I am correct
  - a.

Due to 3 to 20 above I seek:

1. I seek accuracy
  - a.
2. I seek fact
  - a.
3. I seek reality
  - a.
4. I seek truth
  - a.
5. I seek universal principle
  - a.

Due to 1 to 5 above I:

1. I give and receive respect
  - a.

Follow the five beliefs below:

1. Doing good deeds

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- a.
2. Good health for all mankind
  - a.
3. Doing what is right
  - a.
4. Freedom for all mankind
  - a.
5. Enlightening other with the truth
  - a.
- r. Sin: **Wrath - Anger**
  1. Lacking confidence, integrity, and knowledge of one's own merit, and in turn compensating by becoming angry at people, their deeds or their opinions. Callous disregard or disdain for the feelings of others. Viciously exploitative of any signs of vulnerability or weakness, replacing concord with conquest.
    - a.
  2. Anger is often our first reaction to the problems of others. Impatience with the faults of others is related to this.
    - a.
- s. Need: **Social - Love/Belonging**
  1. After fulfilling the need for individual safety, the social needs can begin to be fulfilled. Humans are herd animals, and the need for a dimension of life beyond the survival or sexual needs is a very real one.
    - a.
  2. Belonging; feeling needed; extended family and fraternity.
    - a.
  3. Friendship –
    - a. Melanie Simard Oct 4, 1978
      - i.
  4. Family
    - a.
  5. Sexual intimacy
    - a.
  6. Communications
    - a. Ham Radio
      - i. Industry Canada Amateur Radio Call sign
        1. VE6ZTT as of April 19, 2000
          - a. Qualifications:
            - i. Basic
            - ii. Advanced
    - b. Internet
      - i.
    - c. Telephone
      - i.
    - d. Cell
      - i.
    - e. Neighbours
      - i.
    - f. Supper Parties
      - i.
  7. Happiness
    - a. Loving Family
      - i.
- t. Notes:
  1. Power; control; freedom.
    - a.

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2. The experience of sight feels less abstract, more objective, allowing a thing to be experienced without being involved with it.
  - a.
3. Whereas the Heart establishes a sense of "other" in relation to "self," the Solar Plexus establishes the reverse; a sense of self that is in relation to others. Ego.
  - a.
4. A healthy Solar Plexus chakra is a sign that a person is genuine in his interactions and has no trouble expressing himself openly and honestly. He quite unconsciously carries himself with a sense of sovereignty, individuality and authority. He does not abide intimidation, on his own part or that of others. He rarely experiences real conflict, however, because he simply doesn't attract trouble, nor is he attracted to it. Without much conscious effort on his part, he is drawn to circumstances and social settings which allow him to fully express himself and be understood and appreciated, and to reciprocate fully.
  - a.
5. An unhealthy Solar Plexus indicates a person who is unwilling or unable to let his personality be a reflection of the rest of him. He might rely on unconventional or shocking appearance to force others into making assumptions about him, essentially using others energies to form an illusion of personality. Similarly, he might make a point of associating himself with ideas, beliefs and doctrines, and advertising the fact, allowing him to tell his whole story in a few keywords.
  - a.
6. He might focus on certain obvious traits, such as physical or mental prowess, in order to control people by intimidation. He may adopt a "mysterious" facade, to control people by intriguing them. He may feel so disconnected from himself that he compulsively tells lies, or stories, to compensate. He might just withdraw and become recluse.



a.

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- F. Intrapersonal
  - a. Liquid
    - 1.
  - b. Orange
    - 1.
  - c. Sacral Chakra
    - 1.
  - d. Sense of abundance, well-being, pleasure, sexuality
    - 1.
  - e. Related Herbs - Coriander (*Coriandrum Sativum*) and Fennel (*Foeniculum Vulgare*)
    - 1.
  - f. Related Foods and Plants –
    - 1.
  - g. Related Aromatherapy –
    - 1.
  - h. Related Incense - Orris Root, Gardenia, Damiana
    - 1.
  - i. Related Glands - Gonads
    - 1.
  - j. Related Musical Note – D
    - 1.
  - k. Vowel sound – o (home)
    - 1.
  - l. Chakra Element – Water
    - 1. The deep emotional self; familial, fraternal and companionate love. Intense feelings, reactions, behaviors, and memories are all just drops of water in the sea. It can carve rivers and canyons, its full force slowly realized as the culmination of the force of each drop. Water flows in relation to its environment. The environment sets the path and direction; the water itself just flows as it must. Sustenance and procreation are the natural flow of life; the specifics of what and whom are environmental details, unimportant to Water.
      - a.
  - m. Sense – Taste
    - 1. If taste were the only physical sense, reality would exist in the mind in terms of what is or isn't edible or safe to taste. Identity could only be established at very close range, proximity could only be assured by constantly retasting someone thought to be nearby. Communication of things more abstract than the condition of the body would be impossible. The sensation is very much of an immediate and temporary stimulus, and the experience of flavor can change over time or even with mood. Tastes might be remembered generally, but an accurate sense-memory of flavor would probably be useless. If taste occurred in a dream, it might be very intense, but flat, giving an impression but no subtlety.
      - a.
  - n. Astrological Signs – All
    - 1.
  - o. Crystals – Carnelian, coral, gold, calcite, amber, citrine, gold topaz, peach aventurine and moonstone
    - 1.
  - p. Consciousness: Awareness of appetites; food, sex, raw pleasure. The needs and wants of the body are felt here. A person's sensitivity and connection to his or her own bodily desires is determined by the condition of this chakra.
    - 1.
  - q. Virtue: **Temperance and Faith**
    - 1. The ability to remain aware of base desires and impulses and channel the energies appropriately and productively, without stifling them.



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- a.
2. Temperance accepts the natural limits of pleasures and preserves this natural balance.
  - a.
- r. Sin: **Greed**
  1. A lack of connection with one's base desires leading to the inability to control one's behavioral response to those desires. Lack of confidence in one's ability acquire what is needed causes a compulsion to hoard.
    - a.
  2. Greed wants to get its "fair share" or a bit more.
    - a.
- s. Need: **Safety**
  1. After basic physiological needs come the less immediate concerns of safety and security. People must feel that they themselves, as well as their loved ones and livelihoods, are safe from predators or disasters. One of the primary social powers of religion lies in the promise of eternal safety and serenity.
    - a.
  2. Security of body
    - a.
  3. Security of employment
    - a. Courses
      - i.
    - b. Education
      - i.
    - c. Critical Thinking
      - i.
  4. Security of resources
    - a. Own Land
      - i.
  5. Security of morality
    - a.
  6. Security of the family
    - a.
  7. Security of health
    - a. MMS
      - i.
    - b. Genesis II Church of Health and Healing
      - i. Membership #568 April 19, 2012
        - 1.
      - ii. Minister of Health #372 April 19, 2012
        - 1.
      - iii. Church Chapter #0153 July 5, 2012
        - 1.
      - iv. Bishop #0038 July 15, 2012
        - 1.
    - c. Lyposheric Vitamins
      - i.
  8. Security of property
    - a. Fence
      - i.
    - b. Isolated
      - i.
    - c. Build Garage
      - i.
  9. Transportation

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- a. Horse
    - i.
  - b. Dog Sled
    - i.
  - c. Horse Carriage
    - i.
  - d. Ski-doo
    - i. Skandic SWT
      - 1.
  - e. Mustang
    - i.
  - f. Motorbike
    - i.
  - g. Suburban
    - i.
  - h. Pickup
    - i.
  - i. Bicycles
    - i.
  - j. Snowshoes
    - i.
  - k. 3 Ton Grain Truck
    - i.
  - l. Storage of Gas
    - i.
  - m. Storage of Diesel
    - i.
10. Protection
- a. Dog
    - i.
  - b. Revolver (357)
    - i.
  - c. Gold
    - i.
  - d. Gate and Fence
    - i.
11. Health
- a. Exercise
    - i.
  - b. Vitamins
    - i.
  - c. Good Food
    - i.
  - d. Fresh Air
    - i.
  - e. Loving Wife –
    - i. Melanie Simard
      - 1.
  - f. Medicine
    - i. Colloidal Silver
      - 1.
    - ii. 1<sup>st</sup> aid
      - 1.
    - iii. Hemp oil
      - 1.

# Salvation Manuscript:

## Never deny or ignore your thirst for knowledge when it hits you!

### 12. Money – Currency - Capital

#### a. Gold

##### i. Panning for Gold

##### 1. Metal detector

###### a.

##### 2. Prospecting

###### a. Gold pan

###### i.

###### b. Sluice box

###### i.

##### 3. Rock Hammer

###### a.

##### 4. Round shovel

###### a.

##### 5. Pry Bar

###### a.

#### b. Cash

##### i.

#### c. Credit Cards

##### i.

#### d. Bank Cards

##### i.

#### e. IOU

##### i. Barter or Swap or trade

###### 1.

#### t. Notes:

1. This is the part of us that always knows what it wants and needs. It is always generating feelings of desire, leaving it to the rest of the system to find and acquire it. If it says it wants food, it doesn't care whether the food is a hamburger or a banana so long as it gets the nutrients it needs. When it says it wants sex, it tells us nothing about who we should have sex with or why. This is the Id, pure impulse.
  - a.
2. A healthy Sacral chakra indicates a person who is in touch with his or her basic needs and comfortable with acting to get those needs met. This person is sure of himself in a way that reflects in his demeanor and his thinking. He doesn't suffer from impatience or overwhelming urgency. He is willing and able to experience the full range of human emotions without fear or doubt.
  - a.
3. Someone with an unhealthy chakra is less able or willing to hear and respond to the messages from the Sacrum, though this does not stop them from being sent. If ignored, these impulses will sublimate in many obvious ways, such as chronic tension, irritability, general and sexual anxiety, sexual confusion. Also, overeating, excessive drug use, and other forms of compulsive consumption. Such a person might feel the need to apologize for his emotions. He may have a clear and definite opinion about when, where and how an emotion can and cannot be experienced. He forces such rules on himself and possibly others because he does not trust himself to the care of his feelings.

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a.

# Salvation Manuscript:

## Never deny or ignore your thirst for knowledge when it hits you!

### G. Interpersonal

- a. Solid
  - 1.
- b. **Red**
  - 1.
- c. Root Chakra
  - 1.
- d. Survival issues such as financial independence, money, and food
  - 1.
- e. Related Herbs - Ashwagandha (Withania Somnifera, Physalis Flexuosa) and Haritaki Myrobalan (Terminalia Chebula, Terminalia Reticulata)
  - 1.
- f. Related Foods and Plants –
  - 1.
- g. Related Aromatherapy –
  - 1.
- h. Related Incense - Cedar
  - 1.
- i. Related Glands – Adrenal
  - 1.
- j. Related Musical Note – C
  - 1.
- k. Vowel Sound - U (you)
  - 1.
- l. Element – Earth
  1. The material world, the fruits of labor, the stable foundation, resources, security, certainty, substance. Being in touch with the Earth principle means being at ease with circumstance, stable and strong in any situation.
    - a.
- m. Sense - Smell
  1. If smell were the only physical sense, the experience of the world would be as pure as it could get in a human body. Smell is the least abstract of all the senses, simply causing the brain to directly experience the chemicals in the sample of air trapped inside the nostrils.
    - a.
- n. Astrological Signs – All
  - 1.
- o. Crystals – Agate, Bloodstone, hematite, garnet, ruby and red jasper
  - 1.
- p. Consciousness: Survival, subsistence, trust, security in the here-and-now.
  - 1.
- q. Virtue: **Prudence - Zeal**
  1. Listening to the body as it communicates what it needs to feel safe and secure, and taking action to insure that security.
    - a.
  2. Zeal is the energetic response of the heart to God's commands.
    - a.
- r. Sin: **Sloth**
  1. Being unable or unwilling to take the steps required to insure that basic security needs are met. Extreme laziness. Failure to exercise the basic faculties required even to subsist.
    - a.
  2. The other sins work together to deaden the spiritual senses so we first become slow to respond to God and then drift completely into the sleep of complacency.
    - a.

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s. Need: **Physiological**

1. Physiological needs are needs for things such as air, water, food, sleep, sex, and so forth. Failure to meet these needs causes distinctly physical symptoms such as pain or tension, which are alleviated by fulfilling the need. In the case of air, the symptoms are obvious, as is the solution. With food, it's a little more complex, but easy enough to interpret.
  - a.
2. Breathing
  - a. Live where no Air pollution exist
    - i.
3. Food (Fresh & Consumable)
  - a. Hunting
    - i. Bullets
      - 1.
    - ii. Guns
      - 1.
4. Food Storage
  - a.
5. Garden
  - a. Peat Moss
    - i.
  - b. Rota tilling
    - i.
  - c. Watering
    - i.
6. Greenhouse
  - a.
7. Hydroponics & Lamps
  - a.
8. Saskatoons
  - a. Buckets
    - i.
9. Cherries
  - a.
10. Apples
  - a.
11. Raspberries
  - a.
12. Strawberries
  - a.
13. Asparagus
  - a.
14. Blueberries
  - a.
15. Rhubarb
  - a.
16. Goji berries
  - a.
17. Honey Berries
  - a.
18. Cows
  - a.
19. Chickens
  - a.
20. Sheep

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- a.
- 21. Chlorella
  - a.
- 22. Water (Fresh & Potable)
  - a. Water tank
    - i.
  - b. Water bladder
    - i.
  - c. Lake dock
    - i.
  - d. Water tower
    - i.
- 23. Sex
  - a.
- 24. Sleep
  - a.
- 25. Homeostasis
  - a.
- 26. Excretion
  - a. Sewer
    - i. House Toilet
      - 1.
    - ii. Outhouse
      - 1.
- 27. Power
  - a. Grid
    - i.
  - b. Solar
    - i.
  - c. Wind
    - i.
  - d. Generator
    - i.
  - e. Gasoline
    - i.
- 28. Heat
  - a. Fire Wood & Electricity
    - i.
  - b. Natural Gas & Electricity
    - i.
- 29. Shelter
  - a. House
    - i.
  - b. Fence
    - i.
  - c. Gate (Texas)
    - i.
  - d. Corrals
    - i.
  - e. Barn (Animal Shelter)
    - i.

t. Notes:

- 1. Gestalt from the outside. The person is finally and completely broken down into his parts. The Root is where abstraction ceases to be and the body's experience of itself and the world is the most vulgar and direct.

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- a.
- 2. The condition of this chakra reflects the connection a person has to his or her whole body, and the condition of the body itself. A healthy root chakra tells of a person who feels comfortable in his or her own skin. Confidence that basic needs will be met. An unhealthy Root chakra indicates a nervous person; a severely unhealthy Root indicates a very fearful person.



a.



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## **II. Platonic Solids:**

- A. **Dodecahedron**
  - a. 12 sides, 30 edges, 20 vertices
  - b. 3 pentagons meet at each vertex
  - c. Ether
  - d. Space
  - e. Dimension
  - f. Plasma
  - g. Love (Consciousness)
  - h. Touch
  - i. Angel
- B. **Tetrahedron**
  - a. 4 sides, 6 edges, 4 vertices
  - b. 3 triangles meet at each vertex
  - c. Fire
  - d. Light (Photon)
  - e. Temperature
  - f. Nitrogen
  - g. Spirit (Intuition)
  - h. Sight
  - i. Human
- C. **Octahedron**
  - a. 8 sides, 12 edges, 6 vertices
  - b. 4 triangles meet at each vertex
  - c. Air
  - d. Gas (Particle)
  - e. Motion
  - f. Oxygen
  - g. Mind (Thinking)
  - h. Hearing
  - i. Animal
- D. **Icosahedron**
  - a. 20 sides, 30 edges, 12 vertices
  - b. 5 triangles meet at each vertex
  - c. Water
  - d. Liquid (Atom)
  - e. Cohesion
  - f. Hydrogen
  - g. Emotion
  - h. Taste
  - i. Plant
- E. **Hexahedron (Cube)**
  - a. 6 sides, 12 edges, 8 vertices
  - b. 3 squares meet at each vertex
  - c. Earth
  - d. Solid (Molecule)
  - e. Solidity
  - f. Carbon
  - g. Sense
  - h. Smell
  - i. Mineral

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## III. NB:

- A. Money Supply – Control of Money – Recuperate control of Money – i.e. use Gold as the main currency hence value based Money
- B. Media – Control of Media – Recuperate control of Media – i.e. self publish
- C. Drugs & Health Care – Control of Vaccinations – be healthy
- D. Food – Grow & hunt
- E. Water -- Filter town water and potentially use dugout water
- F. Travel – travel as a Freeman on the land

## IV. To do:

- A. Get out of Debt
- B. Change where we spend money
- C. Live FREE
- D. Review & Update this document Monthly

ABUNDANCE = CHOICE = FREEDOM

SCARCITY = DEPENDENCE = CONTROL

## Master - Slave relationships

- I. God created Man therefore Man is a servant to God
- II. Man created (Government, Religion, Corporation, etc) therefore (Government, Religion, Corporation, etc) is a servant to Man

God = Love = Light = Energy = Life

Evil = Fear

Achieve conscience death = To die consciously = To be fully awake crossing the veil of death you must be fully enlightened = Therefore to have no FEAR!

